

Una Psicología para todas las Americas

USING A TELEHEALTH-BASED VIRTUAL REALITY CLINIC: A NEW WAY TO MEET VIRTUALLY



About the Workshop

In this introductory level session, we will explore how virtual reality has been used in mental health treatment over time. We will compare different approaches to delivering therapy using virtual reality and ways that it can be used in everyday "real world" mental health therapy settings. Lastly, we will practice one of these approaches using a telehealth-based virtual reality clinic on commercially available headsets.

Learning Objectives

- Summarize the various ways that virtual reality has been used in mental health treatment over time.
- Describe ways virtual reality can be used in everyday "real world" mental health therapy settings.
- Demonstrate the ability to use of a telehealth-based virtual reality clinic to connect with mental health clients.

Instructor

• Brian E. Bunnell, PhD is an Assistant Professor of Psychiatry at the University of South Florida and a licensed Clinical Psychologist. His program of research focuses on the development and evaluation of health technology solutions that improve access and quality of care.



English

Monday, July 14, 2025 1:30pm - 4:30pm 3 CE Credits \$30.00

Interamerican Congress of Psychology (ICP2025) of the Interamerican Society of Psychology (ISP)

Questions/Requests of information: SEducation-CESAS@apa.org

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