



*Una Psicología para todas las Americas*



# DECOLONIZING PSYCHOTHERAPY WITH IMMIGRANTS: DECENTERING WESTERN PRAXIS

## *Pre-Congress Workshop*

### About the Workshop

Facilitators will describe a theoretical framework that integrates Testimonial Praxis with Liberation Psychology praxis to understand the therapeutic tasks and ways of being that disrupt Western psychotherapy methods when engaging with immigrants. Participants will learn strategies that center the immigration experience, will be able to critically examine both their positionality and their theoretical orientation, and will understand the complexities, challenges, and opportunities of decolonizing therapy approaches with immigrants.

### Learning Objectives

- Expand knowledge base regarding the immigration experience, phases of immigration, and the psychological consequences.
- Delineate culturally affirming practices when working with immigrant populations
- Describe a theoretical framework that integrates Testimonial Praxis with Liberation Psychology principals when working with immigrant populations.
- Demonstrate integration of conceptual frameworks and strategies through case vignettes.

### Instructors

- Dr. Javier Robledo Rivera, has a Psy.D. in Clinical Psychology from Albizu University. They are a queer, Boricua, Spanish and English-speaking Psychologist licensed in Puerto Rico and Ohio.
- Dr. José Avilés-Acosta, has a Psy.D. in Clinical Psychology from Albizu University. They are a non-binary queer Boricux psychologist licensed in Puerto Rico and Ohio.
- Dr. Ivelisse Torres Fernández, has a Ph.D. in School Psychology from the University of Iowa. She is an Associate Professor of School Psychology at Albizu University.



**English**

**Monday, July 14, 2025**

**9:00am - 12:00pm**

**3 CE Credits**

**\$30.00**



**Interamerican Congress of Psychology (ICP2025)**  
of the **Interamerican Society of Psychology (ISP)**

**Sheraton Puerto Rico Resort & Casino, San Juan, Puerto Rico**

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Questions/Requests of information:  
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