



*Una Psicología para todas las Americas*



# TRANSFORMING CARE: MERGING TRADITIONAL HEALING AND PSYCHOLOGICAL PRAXIS

## Precongress Workshop

### About the Workshop

This workshop explores the intersections of traditional medicine, historical trauma, and decolonizing psychology, centering Ethnoindigenous healing practices as vital to community well-being and health equity. Participants will engage in experiential learning to understand how these culturally rooted systems address imbalances beyond Western definitions of illness. By examining the legacy of colonialism in healthcare, the session offers pathways toward healing, integration, and collective liberation.

### Learning Objectives

- Examine the historical and ongoing impact of colonialism on Ethnoindigenous health practices and explore how decolonizing psychology can challenge dominant Western paradigms in healthcare.
- Engage participants in experiential learning to deepen understanding of traditional healing practices rooted in Ethnoindigenous cultural, spiritual, and philosophical frameworks.
- Identify pathways for integrating traditional medicine into contemporary healthcare and psychology as a means to heal historical trauma, reduce health disparities, and promote health equity and collective liberation.

### Instructors

- Thomas A. Chavez, has a Ph.D. in Counseling Psychology from the University of Wisconsin-Madison. He is a Research Assistant Professor in the Department of Psychiatry & Behavioral Sciences at the University of New Mexico.
- Deidre Yellowhair, has a Ph.D. in Counseling Psychology from Western Michigan University. She is Diné/Navajo; she/her/Asdzáán. She is a Research Assistant Professor, research faculty in the Division of Community Behavioral Health, Department of Psychiatry & Behavioral Sciences at University of New Mexico.



**English**

**Monday, July 14, 2025**  
**1:30pm - 4:30pm**  
**3 CE Credits**  
**\$30.00**



**Interamerican Congress of Psychology (ICP2025)**  
of the **Interamerican Society of Psychology (ISP)**

**Sheraton Puerto Rico Resort & Casino, San Juan, Puerto Rico**

Questions/Requests of information:  
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