



*Una Psicología para todas las Américas*

# DECOLONIZING PSYCHOANALYSIS FROM THE INSIDE OUT: FROM THEORY TO THE COUCH, FROM THE COUCH TO THE STREETS

## Precongress Workshop

### About the Workshop

This workshop will address the bifurcation that exists in clinical training and practice between the so-called “basics” (theories of attachment, the therapeutic relationship, etc) and the role of “cultural competence” through a decolonial psychoanalytic approach. Drawing on the clinical and theoretical work of Caribbean psychiatrist Frantz Fanon, alongside contemporary research, the presentation will articulate a psychoanalytically-informed yet transtheoretical and applicable model for integrating the relational and sociopolitical in routine clinical practice. In the process, this model will explore the contours of therapeutic and political action, suggesting how clinicians can work both “on the couch” and “in the streets.”

### Learning Objectives

- Distinguish between a) interpersonal attachment and b) status as two core needs of the human psyche.
- Integrate the relational and the communal effectively in clinical practice.
- Describe how a decolonial framework clarifies clinical work yet has applications outside the clinical setting.

### Instructor

- Daniel José Gaztambide, PsyD, is assistant professor of psychology at Queens College, where he is the director of the Frantz Fanon Lab for Decolonial Psychology, and a faculty member in the Department of Critical Psychology at the CUNY Graduate Center. He is the author of the books *A People's History of Psychoanalysis: From Freud to Liberation Psychology*, and the recent *Decolonizing Psychoanalytic Technique: Putting Freud on Fanon's Couch*, which received a 2024 Grady Award for Best Book.



**Español**

**Monday, July 14, 2025**

**9:00am - 12:00pm**

**3 CE Credits**

**\$30.00**



**Interamerican Congress of Psychology (ICP2025)**  
of the **Interamerican Society of Psychology (ISP)**

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